



# CAMBRIDGE MASTERS SWIM CLUB, LLC

The **Cambridge Masters Swim Club, LLC** is a professionally managed program offering the highest level of instruction, training and enthusiasm for adult swimmers with intermediate through advanced swim skills. CMSC swimmers are diverse in ability, background and goals; but all seek structured workouts. We provide fitness swimmers, competitive swimmers and triathletes with the coaching and swimming experiences needed to achieve their individual goals.

## LOCATIONS

**Blodgett Pool**, a 50 meter by 25 yard facility located on the corner of North Harvard St. and Soldier's Field Road  
**Malkin Athletic Center (MAC)**, a six lane, 25 yard facility in Harvard Square.  
**Boston University's Case Center Pool (BU)** a six lane, 25 yard pool.

## SESSION OPTIONS

We offer three types of memberships. **Members have access to ANY of our workouts per week!**

- 1) Month: The fee off line is \$85/month and on line \$75/month for each month you decide to remain a member.
- 2) Session: The fee off line is \$260 and on line is \$250 per four month session, payable at the beginning of each session:  
Fall - September through December Spring - January through April Summer - May through August
- 3) Annual: The fee offline is \$710 and on line is \$700 for a twelve month period. January- December or September – August.

## HOW TO ENROLL

- 1) All CMSC members should be members of United States Masters Swimming to swim USMS sanctioned meets. You need to hold a current membership with New England Masters Swimming to obtain your USMS card. Please visit <http://www.swimnem.org/general/about.html> and click on **Information brochure**. Send payment directly to NEM Swimming. This needs to be done once a year before December.
- 2) Clearly and completely fill out the application form on page 2. Make sure you provide a working e-mail address, since all of our communication is via e-mail.
- 3) Make your check payable to CMSC, LLC (sorry, no credit cards unless you register on line) and mail application and payment to:

**Cambridge Masters Swim Club, LLC**  
**PO Box 26**  
**Belmont, MA 02478**

## SCHEDULE

Schedules may change occasionally due to college events or holidays. Visit our website - [www.cambridgemasters.com](http://www.cambridgemasters.com) - for the complete schedule of workouts and for any schedule changes and workout locations.

## SWIMMING REQUIREMENTS

- 5 x 100 yard freestyle on a 2:00 interval
- A basic knowledge of, and a willingness to do one of (backstroke, breaststroke, butterfly) during practices.

# CAMBRIDGE MASTERS SWIM CLUB, LLC

## APPLICATION FORM (PLEASE PRINT CLEARLY)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Gender \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Address 1 \_\_\_\_\_ Home Phone \_\_\_\_\_

Address 2 \_\_\_\_\_ Phone 2 \_\_\_\_\_

City \_\_\_\_\_ State and Zip \_\_\_\_\_ e-mail address \_\_\_\_\_

Membership Type: Month (\$85) \_\_\_\_\_ Session (\$280) \_\_\_\_\_ Annual (\$710) \_\_\_\_\_

Are there any **medical conditions** (such as asthma, heart conditions, etc.) that the coaching staff should be sensitive to?

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain (information will be kept confidential)

---

### Waiver of Liability

I, \_\_\_\_\_, for my heirs, assigns, executors, and administrators, in consideration of Harvard  
(*print name*)

University and Boston University permitting me to use certain facilities and property in order to participate in the Cambridge Masters Swim Club, do hereby waive and release any and all rights and claims for damage I may have against Harvard University, Boston University, Cambridge Masters Swim Club, their agents, representatives, successors or assignees for any and all injuries to me resulting from the participation in said program.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### SWIMMER PROFILE

The following information will help us provide an effective program consistent with the goals and profiles of the swimming community.

I started fitness or competitive swimming at age \_\_\_\_\_. I have recently been swimming \_\_\_\_\_ times a week.

What is the fastest interval for which you can hold 5 x 100 yard freestyle repeat? \_\_\_\_\_

My swimming history is:

\_\_\_\_\_

I am primarily a: fitness swimmer \_\_\_\_\_ competitive swimmer \_\_\_\_\_ triathlete \_\_\_\_\_

I plan on swimming mostly: nights \_\_\_\_ mornings \_\_\_\_ lunch \_\_\_\_ weekends \_\_\_\_

**We do hope that members will represent our team at one or both of the Championship meets to be held in December and March.**

My swimming related goals include: \_\_\_\_\_

I am currently a member of New England Masters Swimming: Yes \_\_\_\_\_ No \_\_\_\_\_

Make your check payable to CMSC, LLC (sorry, no credit cards) and mail application and payment to:

**Cambridge Masters Swim Club, LLC, PO Box 26, Belmont, MA 02478**